

Jordan Valley

MEDICAL CENTER

3580 West 9000 South
West Jordan, UT 84088
801-561-8888

PRE-SURGERY INSTRUCTIONS

Please call the Pre-Operative nurse to review your personal health history @ 561-8888 ext. 4927.

YOUR SURGERY IS SCHEDULED FOR: Mon/Tue/Wed/Thur/Fri _____

- For your surgery time call 562-4232 Monday through Friday from 2:00pm – 4:00pm, one working day before your surgery.
- Ask your surgeon when you will be able to return to work.
- Bring a list of medications you are currently taking, including dosage and frequency. **DO NOT BRING YOUR MEDICATIONS** with you.
- If you have a history of medical problems such as: diabetes, asthma, lung problems, heart problems, aneurysms, seizures, liver problems, etc...you should notify your medical doctor prior to your upcoming surgery. Your doctor may need to evaluate you prior to surgery.

ONE WEEK BEFORE SURGERY

- Please call 562-4221 one week before your surgery to pre-register. Depending on your procedure, age, and health, preoperative lab work may be necessary.
- Do not take any medications that contain aspirin. You may take Tylenol.
- If you are taking Coumadin, consult with a pre-admissions nurse & your medical doctor about when to stop.
- Notify the pre-admissions nurse at 561-8888 ext 4927 if you become ill or have a fever.
- Contact your insurance carrier and review your current benefits and provider network (you do have primary responsibility for your bills).
- Our Insurance Verification Department will contact you to review benefits and patients financial obligations.

48 HOURS BEFORE SURGERY

- Do not take anti-inflammatory medications such as Motrin, Ibuprofen, Advil, Voltaren, Etc.
- Please follow the specific instructions of your surgeon & the pre-admissions nurse regarding your medications.

ONE DAY BEFORE SURGERY

- After 12:00 midnight **DO NOT** eat or put any food, drink, water, gum, mints or cigarettes in your mouth.
- **Remember you must call one day prior to your scheduled surgery to confirm your check-in time. Call 562-4232 between 2:00pm and 4:00pm.**

THE DAY OF SURGERY

- Take a shower or bath. Do not wear make-up.
- Leave contact lenses at home or bring a case to store them in. You cannot wear them in surgery.
- Leave **ALL** jewelry at home.
- Bring your insurance card, picture I.D. and be prepared to pay your estimated upfront portion due.
- If you have any questions regarding your payment obligations please contact Amy Zdunich @ 562-3134 or Julie Jones @ 601-2359.
- You may have two people accompany you to the Surgery Center/Hospital. They will be asked to wait in the waiting area until you return from surgery. Please do not bring children.
- Arrange for a ride home. You **CANNOT** drive yourself home from the hospital. If you go home the same day someone must stay with you for 24 hours following your procedure.
- If your procedure requires an overnight stay you may wish to bring basic hygiene items, a robe, slippers, walking shoes.
- Wear or bring loose fitting clothes that can fit over a brace or bulky dressing.
- Report to the following **ADMITTING DEPARTMENT:**

Jordan Valley Hospital/Admitting
3580 West 9000 South (SW entrance)

Surgery & Specialty Center/Admitting
3584 West 9000 South, Suite # 102

PLEASE FEEL FREE TO CONTACT THE PRE-ADMISSIONS NURSE IF YOU HAVE ANY QUESTIONS @ 561-8888 ext 4927.

Revised: 8/21/08